

**Our Savior Lutheran Church  
August 1, 2021  
Tenth Sunday after Pentecost**

*Thought: Jesus speaks in double speak. That is, the people have ears to hear and eyes to see, but they hear and see only what the world gives and do not hear or see the deeper meaning of Jesus presence in the bread He gives. “ Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. The double speak is that Jesus says: I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.” Just as the children of Israel wandering the desert couldn’t see or hear, so also the people of Jesus day. What do you hear and see and seek in your life?*

**Prelude – Lillian Pinkston**

**Welcome and Announcements**

**Prayer Requests**

**Sharing of Peace**

**Call to Worship (from Psalm 145)**

A: O Lord, open our lips,

**C: That we may declare your praise.**

A: But Lord, how shall we praise you?

**C: By making a sacrifice? By burning an offering?**

A: A sacrifice, an offering, yes, but of ourselves, but of ourselves.

**C: And so we praise you, with broken spirits, with contrite hearts; but praise you, we will!**

*Adapted from Psalm 51:15-27*

**Gathering Hymn –**  
<https://youtu.be/NQpj4TSe-Ec>  
**Break Thou The Bread of Life – Acapeldridge**

*ELW#515 – Lillian Pinkston*

*Break now the bread of life, dear Lord, to me, as once you broke the loaves beside the sea. Beyond the sacred page I seek you, Lord; my spirit waits for you, O living Word.*

*You are the bread of life, dear Lord, to me, your holy word the truth that rescues me. Give me to eat and live with you above; teach me to love your truth, for you are love.*

**Prayer of Confession and Forgiveness**

P: We are hungry, O God, and our hunger consumes us.  
*A time for silence and pondering.*

P: We look for easy ways to fill our emptiness, and so we turn toward material things and away from you.

**C: We cram our days with trivialities, neglecting the needs of others in a blind rush toward a self-satisfaction we will never find. Yet, even as we run from you, you continue to provide for our needs – and we learn again of your all embracing love. Forgive us we pray.**

P: Out of our foolish wanderings, help us to turn once more to you, that we may live our lives filled with the abundance of your forgiveness, love and peace, under the Mercy of him who is your Son, even Jesus Christ our Lord.

**C: Amen.**

## Greeting

L: The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**C: And also with you.**

## Kyrie

In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace from above, and for our salvation, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

**Lord, have mercy.**

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

**Lord, have mercy.**

Help, save, comfort, and defend us, gracious Lord.

**Amen and Amen!**

## Hymn of Praise

**Eat This Bread and Drink This Cup**

[https://youtu.be/x\\_QTrePmuLg](https://youtu.be/x_QTrePmuLg)

by Jacques Berthier

## Prayer of the Day

A: O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied.

**C: Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord.**

**Amen.**

## The Word

### Old Testament reading – Exodus 16:2-4, 9-15

*The Lord gives manna in the wilderness*

<sup>2</sup>The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. <sup>3</sup>The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.” <sup>4</sup>Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.” <sup>9</sup>Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” <sup>10</sup>And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. <sup>11</sup>The LORD spoke to Moses and said, <sup>12</sup>“I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’” <sup>13</sup>In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. <sup>14</sup>When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. <sup>15</sup>When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

The Word of the Lord. **Thanks be to God.**

### Psalm 78:23-29

*God rained down manna from heaven; so mortals ate the bread of angels.*

So God commanded the clouds above and opened the doors of heaven,

<sup>24</sup>**raining down manna upon them to eat and giving them grain from heaven.**

<sup>25</sup>So mortals ate the bread of angels; God provided for them food enough.

<sup>26</sup>**The LORD caused the east wind to blow in the heavens and powerfully led out the south wind,**

<sup>27</sup>raining down flesh upon them like dust and flying birds like the sand of the seas,

<sup>28</sup>**letting them fall in the midst of the camp and round about the dwellings.**

<sup>29</sup>So the people ate and were well filled, for God gave them what they craved.

Epistle reading – Ephesians 4:1-16

*Maintain the unity of the faith*

<sup>1</sup>I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup>There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is above all and through all and in all.

<sup>7</sup>But each of us was given grace according to the measure of Christ's gift.

<sup>8</sup>Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

<sup>9</sup>When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? <sup>10</sup>He who descended is the same one who ascended far above all the heavens, so that he might fill all things. <sup>11</sup>The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup>to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup>until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup>We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup>But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup>from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

## Holy Gospel – John 6:24-35

### *Christ the bread of life*

<sup>4</sup>When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus. <sup>25</sup>When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” <sup>26</sup>Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup>Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” <sup>28</sup>Then they said to him, “What must we do to perform the works of God?” <sup>29</sup>Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” <sup>30</sup>So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? <sup>31</sup>Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’ <sup>32</sup>Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup>For the bread of God is that which comes down from heaven and gives life to the world.” <sup>34</sup>They said to him, “Sir, give us this bread always.” <sup>35</sup>Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

### Children of God message

### Homily – “The Heavenly Diet”

**Music for the day – Guide Me, O Thou Great Redeemer** – Hymn Channel

<https://youtu.be/ZAN4EojeF0Y>

ELW #618 – Lillian Pinkston

*Guide me ever, great Redeemer, pilgrim through this barren land. I am weak, but you are mighty; hold me with your pow'ful hand. Bread of heaven, bread of heaven, feed me now and evermore, evermore, feed me now and evermore.*

*Open now the crystal fountain where the healing waters flow; let the fire and cloudy pillar lead me all my journey through. Strong deliverer, strong deliverer, shield me with your mighty arm, shield me with your mighty arm*

**The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead,  
on the third day, he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## Prayers of Intercession

P: Rooted in Christ and sustained by the Spirit, we offer our prayers for the church, the world and all of creation.

*a brief silence*

A: We pray for the church. Bless the ministries of our neighboring congregations (especially). Empower churches throughout the world and encourage missionaries who accompany global neighbors. Kindle in us a spirit of collaboration, that all people may know your loving works. Hear us, O God.

**C: Your mercy is great.**

A: We pray for creation. Send rain to lands experiencing drought and come to the aid of those enduring sweltering heat. Nurture wheat and barley crops grown for the nourishment of your people and conserve aquatic habitats and fish populations. Hear us, O God.

**C: Your mercy is great.**

A: We pray for those who govern. Cast out arrogance, selfishness, and corruption and instruct those who lead to practice compassion and humility. Inspire them with a vision of the common good and a commitment to ensure that all who hunger are fed. Hear us, O God.

**C: Your mercy is great.**

A: We pray for those bowed down by heavy burdens: those who are unemployed or underemployed, those unable to find affordable housing, and those without health insurance. Console those who grieve and hear the cries of those who call to you for healing (especially). Hear us, O God.

**C: Your mercy is great.**

A: We pray for this assembly. Deepen our resolve to use what we have to serve those in need. When we worry that we do not have enough resources for ministry, assure us of your abundance. Hear us, O God.

**C: Your mercy is great.**

A: We give thanks for those who have died. As you sustained them through all their days, so dwell in our hearts, that we may have the power to comprehend, with (the apostle James, name/s, and) all the saints, the love of Christ that surpasses knowledge. Hear us, O God.

**C: Your mercy is great.**

P: We lift these and all our prayers to you, O God, confident in the promise of your saving love; through Jesus Christ our Lord.

**Amen.**



## Offering and Offertory Prayer

A: You have fulfilled your promise throughout the generations, O Father,

**C: "I am going to rain bread from heaven for you."**

A: Accept our gifts.

**C: With them we acknowledge that all our bread is heaven-sent.**

A: Through Jesus Christ our Lord.

**C: Amen.**

## The Great Thanksgiving

P: The Lord be with you.

**C: And also with you.**

P: Lift up your hearts.

**C: We lift them to the Lord.**

P: Let us give thanks to the Lord our God.

**C: It is right to give our thanks and praise**

## Preface

P: Always and everywhere you are worthy of thanks and praise, Almighty, All-providing God, through our Lord Jesus Christ, the true Bread of Life, come down from heaven that we might eat and not die, but be raised on the last day and share forever in the feast to come.

**C: So with all who bear your name on earth and all who praise your name on high we join in the feast that is to come!**

Lamb of God – Catholic Mass Song

<https://youtu.be/LcgpnvQPoaQ>

## Words of Institution

## **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth, as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.**

## **Distibution**

### **Communion Music**

Lillian Pinkston

Or

**As the Grains of Wheat – Marty Haugen**

<https://youtu.be/GFK2LJIXXbY>

## **Post Communion Prayer**

**A:** You came down from heaven, O Christ,

**C:** **the true bread, heaven-sent.**

**A:** Nourish us with this rich gift – the gift of yourself.

**C:** **Guide us as we share your goodness.**

**C:** We bless you now and evermore.

**C:** **Amen.**

## **Benediction – Numbers 6**

## Sending Music – Go, My Children, with My Blessing – Chapel of the Cross

<https://youtu.be/wjM18fEzD60>

ELW #543 – Lillian Pinkston

*“Go, my children, with my blessing, never alone. Waking, sleeping, I am with you, you are my own. In my love’s baptismal river I have made you mine forever. Go, my children, with my blessing, you are my own.”*

*“Go, my children, fed and nourished closer to me. Grow in love and love by serving, joyful and free. Here my Spirit’s power filled you, here my tender comfort stilled you. Go, my children, fed and nourished, joyful and free.”*

### Dismissal

A: Fed by the bread that lasts eternally, in Christ, we go to serve.

**C: In serving, we work for the food that endures for eternal life.**

**Thanks be to God!**

### Postlude – Lillian Pinkston

*I am  
the Bread  
of Life*

*John 6:35*

